

The logo for Meg Soper, featuring her name in a white, cursive script font. A white microphone icon is positioned to the right of the name, with a vertical line extending upwards from the top of the 'S' in 'Soper' to the microphone head.

# Introduction for Meg Soper:

## “Get Connected and Stay Plugged In”

Meg Soper has worked across the country and internationally as a speaker, entertainer, and trainer. She has shared the stage with such celebrities as Ellen Degeneres and Ray Romano. You may have seen her on Women’s Television Network and the CBC. She is co-author of the book “From the Stage to the Page – Life Lessons from Four Funny Ladies”.

She is a business owner, entrepreneur, wife and mother of 2 children. With 30 years in the healthcare industry and 25 of those spent in the Operating Room, she is able to offer valuable insight into the benefits of productive teamwork and how to create a healthier, happier, more productive workplace environment.

She is here today to share some of her strategies ... please welcome ... Meg Soper!

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